#### AZ GOVERNMENT DEPARTMENTS

Arizona Department of Economic Security, Division of Developmental Disabilities <a href="https://www.azdes.gov/developmental\_disabilities/">https://www.azdes.gov/developmental\_disabilities/</a> (602) 542-0419

The Division of Developmental Disabilities, within the Arizona Department of Economic Security, is the state program that provides supports and services for eligible people who either have a developmental disability or are under the age of six, and are at risk of having a developmental disability.

The Division's website contains many resources that can be used for individuals with developmental disabilities and their families including:

- Links to find DDD Service Providers, or apply for DDD services.
- The "Help for Individuals and Families" link has online tools, Division guides and a variety of other topics.
- A link in the reference section leads to applicable laws, policies, and procedures.

# Navigating the System: A Guide for Individuals and Families https://des.az.gov/sites/default/files/DDD-1260A-PD.pdf

The Division of Developmental Disabilities has also published "Navigating the System: A Guide for Individuals and Families" which provides information on the disability systems in Arizona, and how to use them. A PDF of this guidebook can be found in the Division's resource center section of their website.

# Arizona Department of Health Services, Division of Behavioral Health <a href="http://www.azdhs.gov/bhs/">http://www.azdhs.gov/bhs/</a> (602) 364-4558

The Arizona Department of Health Services/Division of Behavioral Health Services serves as the single state authority to provide coordination, planning, administration, regulation and monitoring of all facets of the state public behavioral health system. The Division contracts with community-based organizations, known as Regional Behavioral Health Authorities, to administer behavioral health services.

# Arizona Department of Economic Security, Division of Aging and Adult Services <a href="http://www.azdes.gov/aging/">http://www.azdes.gov/aging/</a> (602) 542-4446

The Division of Aging and Adult Services supports at-risk Arizonans to meet their basic needs and to live safely, with dignity and independence. The Division serves through many programs including: independent living support, protective services, and informational services relating to issues facing the adult population.

### **Arizona Department of Child Safety**

https://dcs.az.gov (602) 530-1831

The Arizona Department of Child Safety is a human service organization dedicated to achieving safety, well-being and permanency for children, youth and families through leadership and the provision of quality services in partnership with communities.

# **AZ GOVERNMENT PROGRAMS**

# **Arizona Health Care Cost Containment System (AHCCCS)**

http://www.azahcccs.gov (602) 417-4000

AHCCCS is Arizona's Medicaid agency that offers health care programs to serve Arizona residents.

#### **KidsCare**

http://www.azahcccs.gov/applicants/categories/KidsCare.aspx

KidsCare is Arizona's state health insurance program for children who are not eligible for Medicaid coverage.

# **Arizona Developmental Disabilities Planning Council (ADDPC)**

https://www.azdes.gov/ADDPC/Home/ (602) 542-8970

The ADDPC represents the interests and needs of persons with developmental disabilities with particular attention dedicated to persons who are unserved or underserved throughout the State of Arizona.

# **Arizona Early Intervention Program (AzEIP)**

https://www.azdes.gov/azeip/ (602) 532-9960

AzEIP is Arizona's statewide, interagency system of supports and services for infants and toddlers with developmental delays or disabilities and their families.

# Arizona Governor's Council for Spinal and Head Injuries

http://www.azheadspine.org (602) 774-9148

The Arizona Governor's Council on Spinal and Head Injuries works to enhance the health, safety, and quality of life for families and individuals with spinal cord injuries and traumatic brain injuries.

#### Arizona Rehabilitation Services Administration

https://www.azdes.gov/rehabilitation\_services/(800) 563-1221

Arizona Rehabilitation Services Administration works with persons with disabilities to achieve their goals for employment and independence.

### **AZ RESOURCES**

#### **Arizona Autism Coalition**

http://azautism.org

The Arizona Autism Coalition improves the lives of individuals with Autism Spectrum Disorder and their families in Arizona by sharing resources and affecting autism systems reform through statewide collaboration and advocacy.

#### **Arizona Autism United**

https://azaunited.org (602) 773-5773

Arizona Autism Unites is a nonprofit organization that provides high quality direct services and supports to children and families in our community.

#### Ability 360

http://www.ability360.org (602) 256-2245

Ability 360 (formerly ABIL) is a non-profit corporation that advocates personal responsibility – by, and for, people with disabilities – as a means to independence.

# Arizona Commission for the Deaf and Hard of Hearing

http://www.acdhh.org (602) 542-3323

The Arizona Commission for the Deaf and the Hard of Hearing provides the following services to the citizens of Arizona: telecommunications relay service and equipment distribution, American sign language interpreter licensing, information regarding advocacy and community development.

# **Arizona Down Syndrome Network**

http://dsnetworkaz.org (480)759-9150

The Down Syndrome Network educates, supports and advocates for those impacted by Down Syndrome through an open, supportive and collaborative network that will connects individuals and families with needed resources and information.

#### The Arc of Arizona

http://www.arcarizona.org (602) 234-2721

The Arc of Arizona advocates for the rights and full community participation of all people with intellectual and developmental disabilities.

### **Dads for Special Kids**

http://d4sk.org (602) 909-5463

Dads for Special Kids hosts monthly meetings and offers workshops on improving and maintaining communication within families who care for children with special needs.

### **Just Vote Arizona Disability Coalition**

http://www.jvadc.org 602-386-4279

The Just Vote Arizona Disability Coalition is a Coalition of local and statewide disability related organizations that assists and empowers people with disabilities to register to vote and to participate in the electoral process.

## **Leadership Education Advocacy Partnership Program (LEAP)**

http://pilotparents.org/programs-and-services/leadership-education-advocacy-partnership/ (520) 324-3150

LEAP is a sponsorship program that provides financial support for self-advocates and guardians of individuals with developmental disabilities to participate in conferences, workshops and other training opportunities that will increase knowledge and ability to become effective self advocates.

#### The Molly Lawson Foundation

http://www.mollylawson.org/index.html

The Molly Lawson Foundation was founded by Molly's Parents, Michael and Doris Lawson to provide funds for resources and research for people with mental disabilities. One of the main community involved events is the addition of group hom and general public to provide social events for members of this community. Located on this site is a variety of other resource links as well as informational videos on dealing with grief, Part 1 and Part 2.

# **Prader-Willi Syndrome Association (PWSA)**

http://www.pwsausa.org/chapters/arizona (602) 481-5314

PWSA provides support and education for individuals, families, professionals and organizations impacted by Prader-Willi syndrome.

#### **Pilot Parents**

http://pilotparents.org (520) 324-3150

The Pilot Parents organization provides encouragement and support to families who have children with special needs. Services include: peer-to-peer support, sibling support, advocacy training and information.

# **Raising Special Kids**

http://www.raisingspecialkids.org

Phoenix: 602-242-4366 Flagstaff: 928-444-8834 Tucson: 520-441-4007 Yuma: 928-444-8803

Raising Special Kids is a non-profit organization that provides support and information for parents of children with a full range of disabilities and special health care needs. Programs are offered at no cost to families, and are available in English and Spanish.

# **Sharing Down Syndrome Arizona**

http://www.sharingds.org (480) 926-6500

Sharing Down Syndrome Arizona educates and empowers, and gives hope to individuals who have Down Syndrome by promoting acceptance, understanding and inclusion.

#### **United Cerebral Palsy Arizona (UCP)**

https://ucpofcentralaz.org (602) 943-5472

UCP of Central Arizona provides comprehensive services to individuals with disabilities and their families by providing physical and developmental support as well as educational growth as a foundation for independent living.

# NATIONAL GOVERNMENT DEPARTMENTS

Administration on Intellectual and Developmental Disabilities <a href="http://www.acl.gov/programs/aidd/index.aspx">http://www.acl.gov/programs/aidd/index.aspx</a> (202) 401-4541

The National Council on Disability http://www.ncd.gov

# The Social Security Administration

http://www.ssa.gov (800) 772-1213

## **NATIONAL RESOURCES**

The American Association of People with Disabilities (AAPD)

http://www.aapd.com 202-457-0046

AAPD is the nation's largest disability rights organization. AAPD promotes equal opportunity, economic power, independent living, and political participation for people with disabilities.

# Disability.gov

https://www.disability.gov

Disability.gov is the federal government website for comprehensive information about disability-related programs, services, policies, laws and regulations. The site links to thousands of resources from many different federal government agencies, as well as state and local governments and nonprofit organizations across the country.

#### Do2Learn

http://do2learn.com/

Do2learn provides thousands of free pages with social skills and behavioral regulation activities and guidance, learning songs and games, communication cards, academic material, and transition guides for employment and life skills.

# The Epilepsy Foundation

http://www.epilepsy.com 1-800-332-1000

The Epilepsy Foundation is a national non-profit that works to prevent, control and cure epilepsy through community services; public education; federal and local advocacy; and supporting research into new treatments and therapies.

#### **GBS-CIDP Foundation**

http://www.gbs-cidp.org 610-667-0131

The GBS-CIDP Foundation provides education, advocacy and research for individuals with Guillain-Barre Syndrome or Chronic Inflammatory Demyelinating Polyneuropathy.

#### Health.Gov

https://health.gov

The Office of Disease Prevention and Health Promotion (ODPHP) leads efforts to improve the health of all Americans.

#### MIKID

http://www.mikid.org

MIKID provides support, education, and skills development to families and their children as well as youth and young adults who are experiencing mental health and behavior challenges throughout Arizona.

## **Searchable Online Accommodation Resource (SOAR)**

https://askjan.org/soar/index.htm

SOAR is a system is designed to let users explore various accommodation options for people with disabilities in work and educational settings.

#### **National Military Family Association**

http://www.militaryfamily.org/info-resources/efmp-special-needs.html

The National Military Family Association provides a wide range of resources for families which are supporting a child with disabilities.

#### **GENERAL INFORMATION**

#### **ADA National Network**

https://adata.org

The ADA National Network provides information, guidance and training on the Americans with Disabilities Act.

#### **AddictionResource**

https://addictionresource.com

Addiction Resource was founded in 2005 to provide a community for those recovering from addiction and to help patients find the highest quality care for a successful recovery.

#### Arizona 2-1-1 Service

https://211arizona.org

Arizona 2-1-1 provides resources by county and service type in the state of Arizona.

# Arizona State University – Autism Spectrum Disorders Graduate Certificate Program

https://asuonline.asu.edu/online-degree-programs/certificates/graduate-certificate-autism-spectrum-disorders

ASU's Graduate Certificate in autism spectrum disorders is ideal for educators, interventionists, psychologists, pathologists, behavior analysts, or family members who want to enhance their preparation for working with children and adults affected with autism spectrum disorders.

## **Cerebral Palsy Guidance**

https://www.cerebralpalsyguidance.com

Cerebral Palsy Guidance was created to provide answers and assistance to parents of a child with cerebral palsy. Their goal is to reach as many members of the cerebral palsy community as possible, building up a network of support, as well as providing necessary assistance.

# The Cerebral Palsy Guide

http://www.cerebralpalsyguide.com

The Cerebral Palsy Guide is an informative website that provides educational materials to families and individuals affected by cerebral palsy, including information about different therapies, treatment options, and financial resources.

#### **CEREBRALPALSYSYMPTOMS.COM**

http://www.cerebralpalsysymptoms.com

The mission at <u>CerebralPalsySymptoms.com</u> is to provide the public with accurate and up to date information on the many aspects of cerebral palsy and other birth injury complications.

#### **College Resources for Students with Disabilities**

http://www.affordablecollegesonline.org/college-resource-center/resources-for-students-with-disabilities/

Affordable Colleges Online has dedicated a section of its website to resources for college students with disabilities. Here you will find information and resources on a variety of different disabilities, learn how to make the transition into the workforce easier, and find out what your legal rights on campus are.

# **Disability Benefits 101**

https://az.db101.org

A collection of information regarding health coverage, benefit, and employment programs for people with disabilities. These programs may be run by state, federal government, non-profit, or private organizations.

### The Emily Center Family Health Library

http://www.phoenixchildrens.org/health-information/the-emily-center (602) 933-1400

The Emily Center provides families of sick children access to pediatric health information that is accurate, easy to understand and free of charge.

#### Retail Me Not-Information on sensory overload

https://www.retailmenot.com/blog/sensory-overload-while-shopping.html

Information on how to help your child understand and prevent sensory overload.

#### Sesame Street for Children with Austism

http://autism.sesamestreet.org

Kid friendly informational videos which help both children and parents be involved in learning how to help your child in social interaction.

# **Washington University**

http://www.washington.edu/doit/academic-accommodations-students-learning-disabilities

Washington University provides a comphrehesive set of guidelines on academic accommodations for students with learning disabilities.

List of the 100 Top Special Needs Groups, Camps and Activities http://phdinspecialeducation.com/groups-activities/

#### List of Independent Living Centers in Arizona

http://www.ilru.org/projects/cil-net/cil-center-and-association-directory-results/AZ

#### **National Information on Equal Housing Opportunities**

http://portal.hud.gov/hudportal/HUD?src=/topics/information for disabled persons

# **LEGAL RESOURCES**

# **Arizona Center for Disability Law**

http://www.azdisabilitylaw.org (602) 274-6287

The Arizona Center for Disability Law advocates for the legal rights of persons with disabilities to be free from abuse, neglect and discrimination and to gain access to services, maximizing independence and achieving equality.

Arizona Criminal Justice Commission - Crime Victim Compensation Fund <a href="http://azcjc.gov/ACJC.Web/victim/VictComp.aspx">http://azcjc.gov/ACJC.Web/victim/VictComp.aspx</a> (602) 364-1146

The Crime Victim Compensation Fund is administered by the Arizona Criminal Justice Commission to award funds to victims of crime.

# **Arizona Fair Housing Center**

http://azfairhousing.net (602) 548-1599

The Arizona Fair Housing Center (AFHC) is a private non-profit, civil right advocacy organization operating in the state of Arizona. Its mission is to eliminate housing discrimination. The AFHC is a section 501(C) 3 organization and is governed by a volunteer Board of Directors. The Arizona Fair Housing Center receives funding from federal, local governments, and private donations.

#### **ASU Alumni Law Group**

http://asualumnilawgroup.org (602) 251-3620

The ASU Alumni Law Group provides affordable legal services to members of our community who often struggle to find access to justice. The firm charges below-market rates so that members of the community with low to moderate incomes can obtain access to justice through a variety of legal services. Rates vary depending on the complexity of the matter, the client's ability to pay, and the experience of the attorney assigned to work the case.

#### The CP Lawyer

http://www.thecplawyer.com

The CP Lawyer Firm was founded on the belief that every child deserves a lawyer to represent them due to birth injury. This law group provides services for parents and children who have suffered from a birth injury, cerebral palsy and other birth related illnesses.

# **Community Legal Services**

http://clsaz.org

Community Legal Services is dedicated to providing legal assistance, advice or representation; self-help materials and legal education so people can know their rights. We focus on helping survivors of domestic violence; assisting victims of consumer fraud and abuse; protecting tenants from unlawful/unfair practices by landlords; foreclosures; legal problems affecting agricultural workers, wage claims and other employment matters; and federal and state programs affecting peoples' health and economic stability.

#### **Phoenix Office:**

305 S. 2nd Ave. Phoenix, AZ 85003 (602) 258-3434 infocpo@clsaz.org

#### **East Valley Office:**

1220 S. Alma School Rd., #206 Mesa, AZ 85210 (480) 833-1442 infoevo@clsaz.org

# **Mohave County:**

2701 E. Andy Devine, Suite 400 Kingman, AZ 86401 (928) 681-1177 infomoco@clsaz.org

San Luis Office: 845 E. B Street, Suite 1 San Luis, AZ 85349 (928) 627-8023 infoslo@clsaz.org

Yavapai County: 148 N. Summit Ave. Prescott, AZ 86301 (928) 445-9240 infoyaco@clsaz.org

#### **Yuma County**

204 S. 1st Ave. Yuma, AZ 85364 (928) 782-7511 infoyuco@clsaz.org

### **Native American Disability Law Center**

http://www.nativedisabilitylaw.org (800) 862-7271

The Native American Disability Law Center helps protect the legal rights for Native Americans with disabilities who live in the four corners of Arizona, Colorado, New Mexico and Utah.

# **National Disability Rights Network**

http://www.ndrn.org (202) 408-9514

The National Disability Rights Network works to improve the lives of people with disabilities by guarding against abuse; advocating for basic rights; and ensuring accountability in health care, education, employment, housing, transportation, and within the juvenile and criminal justice systems.

# Southern Arizona Legal Aid

http://www.sazlegalaid.org

Southern Arizona Legal Aid, Inc. (SALA) is committed to providing civil legal aid to lowand moderate-income persons in our service area in matters that affect most directly their health, safety and well-being.

#### Administrative Office:

Service Area: Southern and Southeastern Arizona 2343 East Broadway Blvd., Suite 200 Tucson AZ 85719-6007 1(800) 640-9465

#### White River Office:

Service Area: Apache, Gila & Navajo Counties 202 East Walnut Street Whiteriver, AZ 85941-1030 1 (866) 312-2291

#### Casa Grande Office:

Service Area: Pinal County 766 North Park Avenue Casa Grande, AZ 85122-3931 1(877) 718-8086

#### **Bisbee Office:**

Service Area: Cochise, Graham/Greenlee Counties 400 Arizona Street Bisbee, AZ 85603-1504 1 (800) 231-7106

#### **Sacaton Office:**

Service Area: Gila River Indian Community, Ak-Chin Indian Community, Cocopah & Ft. Yuma Indian Communities, Salt River Pima-Maricopa Indian Community & Ft. McDowell Mohave-Apache Tribe, Camp Verde Yavapai-Apache Indian Community 403 Seed Farm Road Sacaton, AZ 85147-0001 1(866) 312-2290

# Volunteer Lawyer Program

http://www.vlparizona.org (520) 623-9465

The Volunteer Lawyer Program (VLP) for Pima County offers self-help clinics, court projects, and direct representation. The VLP assists eligible clients with all types of civil legal needs, including family law, bankruptcy, employment law, wills, housing, and immigration.

#### **EMPLOYMENT RESOURCES**

# Ability360 Employment Services (AES)

http://ability360.org/about-ability360-employment-services-aes (602) 256-2245

AES provides employment assistance and support services to persons with disabilities seeking employment through the Ticket to Work program as part of your Social Security Disability Insurance. AES is one of the largest and most successful organizations providing services through the Ticket program in the entire country

# The Arizona Rehabilitation Services Administration (AZRSA)

https://www.azdes.gov/rehabilitation\_services/(800) 563-1221

AZRSA can supply you with vocational counseling, job skills training, adjustment to disability assistance, work experience, and job placement services. They can help you get the training or other services that you need to return to work, to enter a new line of work, or to enter the workforce for the first time.

# **Social Security Association's Ticket to Work Program**

http://www.ssa.gov/work/ (800) 772-1213

Ticket to Work is a voluntary work incentive program for Social Security Administrations Social Security Disability Insurance (SSDI) or Supplemental Security Income (SSI) beneficiaries who are between the ages of 18 and 64 and interested in going to work.

### Social Security's Plan to Achieve Self-Support (PASS)

https://www.socialsecurity.gov/disabilityresearch/wi/pass.htm (800) 772-1213

The PASS program is for people with disabilities who want to save money for a work-related goal that will help them become self-sufficient. You must apply for, or already be getting, Supplemental Security Income benefits to qualify for the program.

# **ASSISTIVE TECHNOLOGY RESOURCES**

# **Arizona Loans for Assistive Technology**

http://aztap.org/at-funding/azlat/ (602) 728-9534

AzLAT is an alternative financing program designed to assist individuals with disabilities to borrow money at affordable rates for the purchase of assistive technology.

# Self-Employment for Entrepreneurs with Disabilities (S.E.E.D.) Loans http://aztap.org/at-funding/seed-loans/

(602) 728-9534

S.E.E.D. is an alternative financing program designed to assist individuals with disabilities in borrowing money at affordable rates for the purchase of office equipment, furniture, supplies, or assistive technology, who are seeking employment through teleworking or self employment.

# **Technology Access Centers of Tucson (TACT)**

http://www.tactaz.org

TACT is a non-profit organization that provides individuals with disabilities an opportunity to explore technology that may enhance their independence, productivity, recreation, and social opportunities according to their individual needs and interests.