

JOIN US

ARIZONA ASSOCIATION OF PROVIDERS FOR PEOPLE WITH DISABILITIES

ANNUAL CONFERENCE

September 9, 2016 | Wild Horse Pass & Casino

5040 Wild Horse Pass Blvd. | Chandler, AZ 85226



The role of Direct Support Professionals is changing along with the ever evolving rules and regulations that govern the care for people with developmental disabilities - how will we support people with disabilities to make informed decisions? What is the DSP's role in this process? What are the workforce demographics and projections fulfill these expectations? Join AAPPD, partners from the Division of Developmental Disabilities, AHCCCS, NADSP and more, in a discussion about the "Culture of Care" in Arizona.



Keynote Speaker

Joseph M. Macbeth is the Executive Director at the National Alliance for Direct Support Professionals (NADSP) and has worked in the field of intellectual and developmental disabilities for more than 30 years- beginning as a Direct Support Professional. Macbeth

is recognized as a national leader in the advocacy and advancement the direct support profession.

PROGRAM

7:45am Registration and Breakfast

8:30am Welcome & Morning Speaker, Dr. Laura Love, Division of Developmental Disabilities

9:15 - 10:30am Breakout Sessions

- ▶ Breakout Session 1 - The NADSP Code of Ethics Encounter
- ▶ Breakout Session 2 - Positive Behavior Intervention & Supports with Dr. Dan Davidson
- ▶ Breakout Session 3 - Emergency Preparedness Planning for Administrators and Staff
- ▶ Breakout Session 4 - Caring for the Caregiver - How to Prevent Burnout

10:30 - 11:00am Break

11:30 - 12:15pm Breakout Sessions

- ▶ Breakout Session 1 - The NADSP Code of Ethics Encounter
- ▶ Breakout Session 2 - Positive Behavior Intervention & Supports with Dr. Dan Davidson
- ▶ Breakout Session 3 - Emergency Preparedness Planning for Administrators and Staff
- ▶ Breakout Session 4 - Caring for the Caregiver - How to Prevent Burnout

12:15pm Lunch

1:00 - 2:00pm Keynote Speaker Joseph Macbeth, NADSP

2:45pm AAPPD Board of Directors Meeting (open to all conference attendees)



Please register using the attached Registration Form on the second page.

THANK YOU TO OUR CONFERENCE SPONSORS

SILVER



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*Sponsors confirmed as of August 3rd. | **Sponsorship opportunities still available.

INDIVIDUAL REGISTRATION FORM



ARIZONA ASSOCIATION OF PROVIDERS FOR PEOPLE WITH DISABILITIES

ANNUAL CONFERENCE

Friday, September 9, 2016 | 8:00 AM - 3:00 PM
Wild Horse Pass Hotel & Casino - Chandler

Name (first, last)

Email

Organization

Address

City

State

Zip

Work Telephone

Cell Phone

Total Registration Amount \$110

If you are registering more than one individual, please register each person individually using separate registration forms.

Once you submit your registration, you will receive an invoice via email for the registration amount of \$110. By registering for this event, you indicate that you agree with the Cancellation and Refund Policy: A \$35 processing fee will be charged against all refunds. Refunds will be made in the same payment form as original submission. THERE WILL BE NO REFUND FOR ANY CANCELLATION RECEIVED AFTER 5 P.M. ON SEPTEMBER 2, 2016. THERE WILL BE NO REFUND FOR NO-SHOWS.

Individuals needing hotel accommodations must make hotel reservations separately from this registration with the hotel directly. A block of rooms has been set aside for AAPPD guests at the Wild Horse Pass Hotel & Casino. The conference itself will take place at the Wild Horse Pass Conference Center.

HOTEL INFORMATION

Wild Horse Pass & Casino - 5040 Wild Horse Pass Blvd, Chandler, AZ 85226

Room Reservations can be made at the AAPPD rate:

- **By phone: (800) 946-4452** "AZ Assn of Providers for People with Disabilities" to be added into the AAPPD block at the group rate.

Hotel reservations must be made by August 19th to receive the AAPPD rate.



Submit form to Rachelle Hadland at rachelle@goodmanschwartz.com



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BREAKOUT SESSIONS

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Breakout Session 1 – The NADSP Code of Ethics Encounter

Joe Macbeth, Executive Director of the National Alliance for Direct Support Professionals (NADSP), will share real examples culled from decades of practicing in the field of intellectual disabilities in a role play, unlike any other. In learning about ethical responsibilities, Joe will act out some real dilemmas and ethical decisions that confront direct support professionals on the job every day. Using the NADSP’s Code of Ethics, participants will consider ways that ethical practices can be incorporated into daily practice.

Breakout Session 2 – Positive Behavior Intervention & Supports

Explore best practice concepts on positive behavioral interventions and supports (PBIS) with Dr. Dan Davidson of Northern Arizona University. PBIS is a behavior management system used to understand what maintains an individual’s challenging behavior. A challenging behavior is often difficult to change because it is functional; it serves a purpose for that individual. These types of behaviors are often supported by the environment, which means that it is especially important for direct care professionals, who are often a constant in that environment, to recognize these behaviors and have a good knowledge of PBIS. This system is evidence-based and data driven, leads to improvements in communication and interactions, and can help prevent more serious behavior problems in individuals. PBIS is not a therapy or treatment, but rather a framework that can be used across any service provision with any individual receiving services, and can drastically improve the quality of life and interactions for individuals and direct care workers.

Breakout session descriptions continued on the next page . . .



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BREAKOUT SESSIONS

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Breakout Session 3 – Emergency Preparedness Planning for Administrators and Staff

Ray Morris, founder of Dads 4 Special Kids, has been in fire service for over 30 years. Dads 4 Special Kids (D4SK) is a non-profit organization dedicated to helping men who have a child with special needs in their lives. In addition to providing a number of resources, the D4SK specialty is emergency/disaster preparedness planning. Mr. Morris has used his life experiences of living with a father who was a quadriplegic and raising a son with profound disabilities to motivate him to create an emergency/disaster preparedness program to assist individuals and their families in creating a plan around their specific needs and in coordinating that plan with local emergency responders. D4SK will provide a training session for staff and administrators on how to create a program and personal emergency/disaster preparedness plan for staff and clients based on the core concept of “it only works when everyone works together.” Join Ray Morris and D4SK to learn more about how to achieve a healthier outcome in the event of an emergency or disaster.

Breakout Session 4 – Caring for the Caregiver – How to Prevent Burnout

Both professional caregivers who are paid to provide care to individuals in their homes and unpaid individuals who provide care to a loved one, friend, or family member can be affected by a myriad of issues – stress, isolation and fatigue, just to name a few. Regardless of one’s caregiving classification, it’s important to recognize that these skilled and compassionate individuals often experience physical, mental and emotional strain as a result of their duties. Caregivers, especially those caring for family members, are shown to be less likely than their peers who do not provide care to attend to their own health and self-care needs, making it more likely that their own well being will be negatively affected. This breakout session is all about how important self-care is for caregivers. As the work of caregiving requires strength and resilience, caregivers who do not take care of themselves may experience burnout and find it difficult to provide good care. Join this session to learn about ways administrators and staff members can encourage and employ proven tactics to improve personal care, safety, self-awareness, and the health of employees and caregivers in their networks.



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BREAKOUT SESSIONS

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KEYNOTE ADDRESS - The Emerging Roles and Expectations of the Direct Support Workforce

This keynote session offers a chance to reflect on the evolving role and expectations of Direct Support Professionals. Many of these changes are driven by the Centers for Medicare & Medicaid Services (CMS) and its Federal Home and Community-Based Services Community Rule. The new rules will ultimately create an emphasis on 'personal autonomy', greater access to 'integrated settings' and helping people to make 'informed choices'. The focus of this session addresses one important piece of the CMS Rule: how do we support people with disabilities to make informed decisions? What are the direct support professional's role in this process? What are the workforce demographics and projections to fulfill these expectations? Do direct support professionals currently possess the tools, resources and skills to uphold this responsibility? Join the National Alliance for Direct Support Professionals (NADSP) Executive Director, Joe Macbeth, to consider these important questions and join in on the dialogue.

